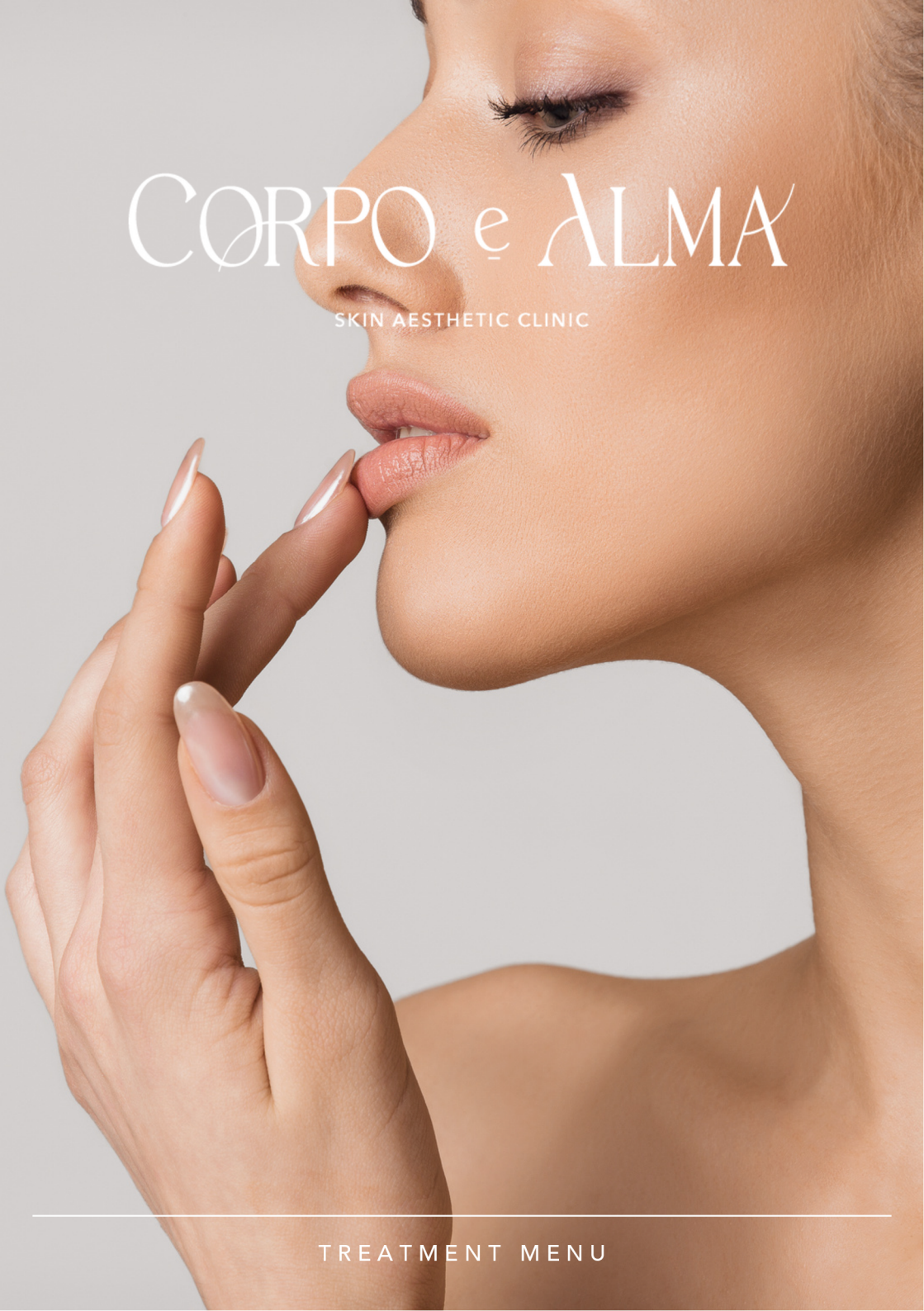




CORPO e ALMA

SKIN AESTHETIC CLINIC

TREATMENT MENU

Welcome

At Corpo e Alma, we are more than an aesthetics studio, we are a place of healing, connection, and transformation. We specialise in facials, manicures, waxing and pedicures, with a gentle yet skilled touch, especially for those with complex or sensitive skin.

We offer a space where clients feel seen, supported, and cared for, uplifting and making a meaningful difference in every life we touch.

Beauty begins where healing happens.
WE HONOUR BOTH!

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Aesthetics

BY DR. ARMID AZADEH

BOTULINUM TOXIN {Price on Request}

A drug prepared from botulin, used medically to treat certain muscular conditions and cosmetically to remove wrinkles by temporarily paralysing facial muscles.

MEDICAL PEEL {Price on Request}

A non-invasive skin treatment used to treat skin discolourations, scarring or wrinkles.

DERMAL FILLER {Price on Request}

Also known as injectable soft tissue fillers or wrinkle fillers, for use in helping to create a smoother and fuller appearance in the face.

Mesoesthetic

PEELS

Mesoesthetic is a global leader in medical cosmetics, offering advanced skincare and aesthetic solutions. With pharmaceutical precision and clinically proven formulas, their products target concerns from aging to pigmentation for transformative results.

A RETINOL GLOW PEEL N\$ 950

Offers several benefits, including an immediate glow effect, revitalized skin tone, and reduced imperfections.

Gold Standard Ultimate Regime (Home care pack included in price)

Combination Peels

REJUVENATION / BRIGHTENING N\$ 800

ALL PHASES OF ACNE N\$ 950

ALL PHASES OF PIGMENTATION N\$ 1000

ANTI-AGEING N\$ 1350

BLEMIDERM TREATMENT {Price on Request}

Ultimate acne & scar treatment.

COSMELAN {Price on Request}

Mesoesthetic's star treatment is a revolutionary treatment used to remove stubborn hormonal pigmentation.

Advanced Skin Needling

A needling pen that uses small needles to prick the skin. Skin needling is used for collagen induction therapy (CIT) and scar reduction therapy (SRT) by enhancing blood supply and initiating growth factors to increase collagen renewal and tissue regeneration responses.

FACE N\$ 1050

FACE & NECK N\$ 1300

ADD VITAMIN INFUSION N\$ 250

PERI-OCULAR PEEL N\$ 450

PH Formula

pHformula empowers confidence by redefining beauty. Guided by science and skin health, their advanced resurfacing formulas blend clinical expertise with pharmaceutical-grade ingredients for safe, effective results.

DEEP CLEANSE {45 MIN} N\$ 600

SKIN RESURFACING TREATMENT {60 MIN} N\$ 950

Treats acne, fine lines & wrinkles through resurfacing.

ADVANCE SKIN RESURFACING TREATMENT {60 MIN} N\$ 1500

Includes nano needle & repair mask.

CHRONIC REDNESS & INFLAMMATION TREATMENT {60MIN} N\$ 1100

For the skin that suffers from chronic redness and sensitivity.

INSTANT FIRMING MASK {60MIN} N\$ 1100

Designed for an instantly firmer and healthier looking skin, an immediate improvement in the appearance of dynamic facial wrinkles.

NEEDLING OR NANO NEEDLING {60MIN}

FACE N\$ 1050

FACE AND NECK N\$ 1300

DERMAPLANING {60MIN} N\$ 600

Add-On

NECK TREATMENT N\$ 400

VITAMIN C BOOSTER N\$ 250

COLLAGEN EYE TREATMENT N\$ 150

Youth Lab

Youth Lab restores skin's natural balance and energy. Backed by dermatological expertise and advanced formulas, their range supports healthy, youthful skin with safe, science-driven care.

DEEP CLEANSE FACIAL {45 MIN} N\$ 450

DEEP CLEANSE FACIAL WITH COLLAGEN EYE PATCHES {60 MIN} N\$ 550

Add On

VITAMIN C BOOST MASK N\$ 250

Facial Add-Ons

LASH TINT N\$ 100

BROW TINT N\$ 95

BROW SHAPE N\$ 90

LASH AND BROW TINT N\$ 190

BROW SHAPE AND BROW TINT N\$ 160

LASH LAMINATION N\$ 350

BROW LAMINATION N\$ 350

Optoderm Facials

OptoDerm delivers scientifically formulated skincare to protect, repair, and optimize skin health. Powered by advanced research and active ingredients, their products provide safe, effective, and results-driven solutions

ALL OPTODERM FACIALS INCLUDE A FREE 15MIN LED MASK SESSION

OPTODERM DEEP CLEANSE {45 MIN} N\$ 600

SENSITIVE PHA PEEL {45 MIN} N\$ 650

Suitable for sensitive skin, couperose, rosacea skin.

MELASORB PEEL {60 MIN} N\$ 700

Superficial to medium depth peel - indicated for active acne & pigmentation.

PHYTIC ACID PEEL {60MIN} N\$ 750

Layer dependant peel for pigmentation, brighten's the skin.

ACNEZEL PEEL {60 MIN} N\$ 750

A layer dependent peel for acne prone skin which reduces inflammation & redness, enlarged pore & superficial scarring.

MELANIN PEEL {60MIN} N\$ 800

A gentle Resurfacer recommended for first time clients.

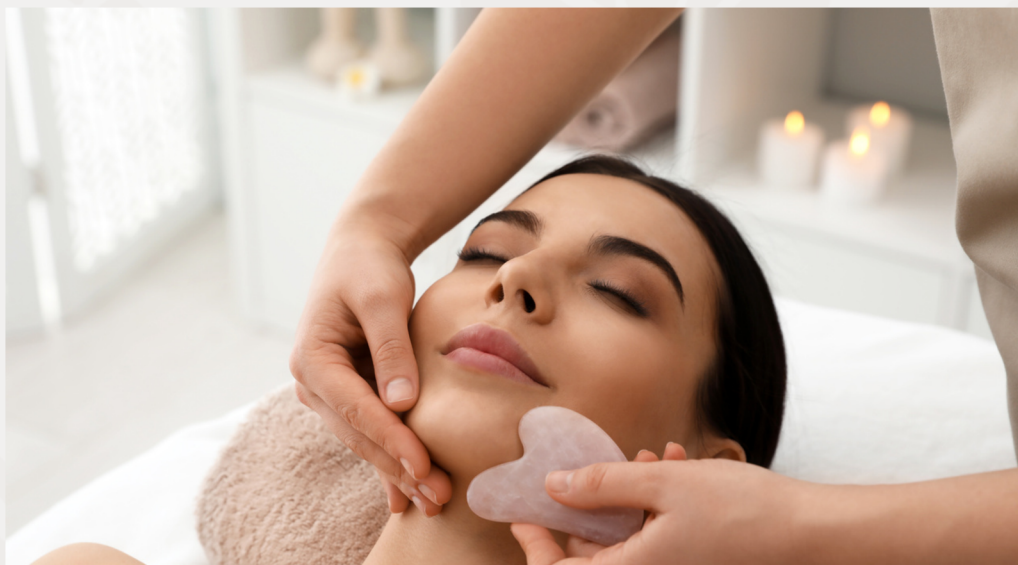
TCA PEEL {60MIN} N\$ 850

Indicated for aging, fine lines, wrinkles, brightening and scarring.

OPTODERM MICRO NEEDLING OR NANO NEEDLING

FACE {60MIN} N\$ 1050

FACE AND NECK N\$ 1300



Waxing

BIKINI N\$ 200

EXTENDED BIKINI N\$ 255

BRAZILIAN N\$ 350

BRAZILIAN {Front & Back} N\$ 380

HOLLYWOOD N\$ 380

HOLLYWOOD {Front & Back} N\$ 490

FULL LEG N\$ 350

THREE QUARTER LEG N\$ 300

HALF LEG N\$ 260

FULL LEG & BIKINI N\$ 520

LIP/BROW/NOSE/TOE/NECK/EAR N\$ 95

HALF ARM N\$ 250

FULL ARM N\$ 300

UNDER ARM N\$ 140

BACK/CHEST N\$ 390

NAVEL/NIPPLE N\$ 120

CHIN/SIDE OF FACE N\$ 120

STOMACH/LOWER BACK N\$ 200

BUTTOCKS N\$ 300

VAJACIAL TREATMENT N\$380

This is a cosmetic procedure that improves the skin of the intimate area by targeting common concerns such as: Ingrown hair, hyper pigmentation & poor skin elasticity.

Sugaring

BIKINI N\$ 180

EXTENDED BIKINI N\$ 260

BRAZILIAN N\$ 330

HOLLYWOOD N\$ 360

HOLLYWOOD {Front & Back} N\$ 450

LIP/BROW/NOSE/TOE N\$ 95

HALF ARM N\$ 220

FULL ARM N\$ 260

UNDERARM N\$ 150

BACK/CHEST N\$ 350

NAVEL NIPPLE WAX N\$ 110

CHIN/SIDES OF FACE N\$ 110



Body Treatments

DEEP RELAX BODY SCRUB AND WRAP {60 MIN} N\$ 650

Relax body, mind, and soul with a combination of scrub and wrap combining a synergy of balancing organic essential oils to address the symptoms of stress, and muscle aches, relax nervous tension, and calms busy minds to reveal the best version of you. This treatment includes a full body exfoliation and wrap.

CELLULITE TREATMENT {60 MIN} N\$ 950

This lipo-sculpting technique combines positive and negative pressure massage performed with hands and the innovative silicon cups, for the benefit of optimizing lymphatic drainage, detoxing and improved circulation. This treatment is excellent for the removal of toxins and other waste products to reduce the appearance of cellulite whilst firming the skin. This treatment includes an exfoliation and wrap.

CELLULITE CUPPING {30MIN} N\$440

BESPOKE BELLABACI BODY TREATMENT {90 MIN} N\$ 1400

Release muscle tension and experience an intensive sense of relaxation with a pressure-releasing combination of cupping and hands-on massage performed with a unique blend of essential oil and homeopathic remedies, selected according to your needs. This treatment includes a 30min scalp massage performed with the bellabaci pure essential complex for a complete wellness experience, followed by a full body wrap.

Stress Relief

INDIAN HEAD MASSAGE {30 MIN} N\$ 360

HAND OR FOOT MASSAGE {30 MIN} N\$ 390

BACK AND NECK MASSAGE {30 MIN} N\$ 400

BACK AND NECK MASSAGE {45 MIN} N\$ 500

ADD HOT STONES OR BELLABACI CUPS N\$ 100

ADD ON DEEP TISSUE N\$ 100

Lymphastim

Lymphatic therapy treatment assists in speeding up your body's natural healing processes, assist with weight loss, eliminates toxins, accelerates your metabolism, helps to shape and tone your body, renew your energy and reduces inflammation.

BTL LYMPHATISM {30 MIN} N\$ 280

BTL LYMPHATISM {45 MIN} N\$ 350

BTL LYMPHATISM {60 MIN} N\$ 420

For the Hands

ALL MANICURES AND PEDICURES {EXCEPT EXPRESS MANI & PEDI} INCLUDE SOAK, EXFOLIATION, CUTICLE CARE, NAIL SHAPING AND MASSAGE.

EXPRESS MANI **Nail shaping & cuticle care only** {30 MIN} **N\$ 220**

MANICURE WITHOUT ENAMEL {45 MIN} **N\$ 280**

MANICURE WITH ENAMEL {60 MIN} **N\$ 300**

EXPRESS GEL MANICURE {40 MIN} **N\$ 300**

MANICURE WITH GEL {60 MIN} **N\$ 380**

ACRYLIC FILL WITH GEL OVERLAY {120 MIN} **N\$ 450**

ACRYLIC MANICURE WITH OVERLAY {120 MIN} **N\$ 450**

GEL REMOVAL PRIOR TO RE-APPLICATION {30 MIN} **N\$ 60**

GEL REMOVAL & NAIL TREATMENT ONLY {30 MIN} **N\$ 150**

ACRYLIC REMOVAL **N\$200**

PEVONIA DE-AGING TROPICALE HAND TREATMENT {90 MIN} **N\$ 450**

Rejuvenate and escape to the tropics. This refreshing treatment includes a sea salt scrub, a nourishing and luxurious hand mask, plus a de-aging hand balm gently massaged in.

Add-On

PARAFFIN/ELIM HAND TREATMENT **N\$ 150**

For the Feet

EXPRESS PEDI **Nail shaping & cuticle care only** {30 MIN} **N\$ 240**

PEDICURE WITHOUT ENAMEL {45 MIN} **N\$ 330**

PEDICURE WITH ENAMEL {60 MIN} **N\$ 350**

EXPRESS GEL PEDICURE {45 MIN} **N\$ 360**

PEDICURE WITH GEL {60 MIN} **N\$ 400**

ELIM PEDI-PEEL & GEL OVERLAY {90 MIN} **N\$ 550**

ELIM GENTLEMAN PEDICURE {60 MIN} **N\$ 450**

PEVONIA DE-AGING TROPICALE FOOT TREATMENT {90 MIN} **N\$ 470**

Rejuvenate and escape to the tropics. This refreshing treatment includes a sea salt scrub, a nourishing and luxurious foot mask, plus a de-aging balm gently massaged in.

Add-On

PARAFFIN **N\$ 150**

ELIM FOOT PEEL **N\$ 200**

Guidelines

As your appointments are reserved specifically for you, a 50% cancellation fee will be charged with the next appointment if your appointment is not cancelled within 8 working hours.

No show clients will be charged in full for an appointment not cancelled.

Arriving late for your appointment will result in a reduction of your treatment time, however, full treatment cost will apply.

All prices and services are subject to change without prior notice.

Gift vouchers are valid for 6 months ONLY and will not be accepted after the expiry date.

Packages, including bridal packages, tailored to your specific needs are available on request.

Please enquire at reception for other treatment packages including couples treatments.

We love children... but this is YOUR time, please make arrangements with dad or grandma so that we can give YOU our undivided attention.

To maintain our tranquil environment, we ask that you kindly put your cellphone on silent.

Shower facilities are available at an additional cost of N\$ 150.

Please notify your therapist immediately if you are using any medication, are pregnant or if you suffer from any medical condition.

All treatments are performed by qualified health and skin care therapists / nail technicians.
However, please note that all treatments are performed at your own risk.

Prices are valid from 1 September 2025 and are inclusive of VAT.



Operating Hours

Mondays & Fridays

08:00 - 17:00

Tuesdays, Wednesday & Thursdays

08:00 - 18:00

Selected Saturdays

08:00 - 13:00

Contact Details

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(old Uhland street), Klein Windhoek

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